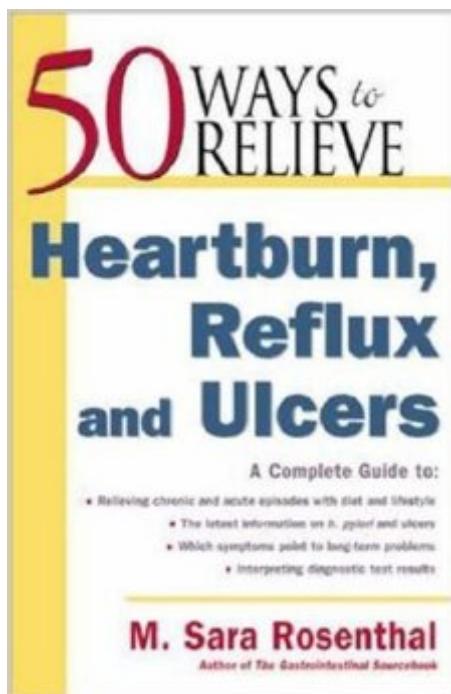


The book was found

50 Ways To Relieve Heartburn, Reflux And Ulcers



- Relieving chronic and acute episodes with diet and lifestyle
- The latest information on *H. pylori* and ulcers
- Which symptoms point to long-term problems
- Interpreting diagnostic test results

M. Sara Rosenthal

Author of The Gastrointestinal Sourcebook



Synopsis

At sometime in their lives, as many as 70 percent of Americans will suffer from gastrointestinal disorders. 50 Ways to Relieve Heartburn, Reflux, and Ulcers is a quick and easy volume that offers 50 solutions to chronic and acute gastrointestinal episodes. Includes information on symptoms, treatments, and management techniques as well as an evaluation of major over-the-counter medications. Also provides the latest information on h. pylori and ulcers.

Book Information

Series: 50 Ways

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Product Dimensions: 5.4 x 0.5 x 8.1 inches

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Average Customer Review: 4.5 out of 5 starsÂ [See all reviewsÂ](#) (2 customer reviews)

Best Sellers Rank: #3,839,563 in Books (See Top 100 in Books) #97 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis #1102 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal #46013 inÂ Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

It is OK. It contains good info. But the info I could get from web. But it is handy.

Very Nice Book good information

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Stomach Acid Is Good for You: Natural Relief from Heartburn, Indigestion, Reflux and GERD
Heartburn and Reflux For Dummies The Acid Reflux Escape Plan: Two Weeks to Heartburn Relief
The 30 Day Heartburn Solution: A 3-Step Nutrition Program to Stop Acid Reflux Without Drugs The
Complete Guide To Digestive Health: Plain Answers About Ibs, Constipation, Diarrhea, Heartburn,
Ulcers, and More The Complete Guide to Digestive Health: Plain Answers About IBS, Constipation,
Diarrhea, Heartburn, Ulcers and More by Fc & a Medical Publishing (2004-06-30) Digestive Health
Now: The Four Week Plan to Heal Heartburn, Ulcers, Colitis, IBS and More The Healthy Gut
Workbook: Whole-Body Healing for Heartburn, Ulcers, Constipation, IBS, Diverticulosis, and More
(The New Harbinger Whole-Body Healing Series) Stomach Pain Relief at Last: Natural Remedies
for Ulcers, Heartburn, Gastritis, Gas and Bloating Symptoms Associated with an H. pylori Infection:
Stomach Health Gastrointestinal Health Third Edition: The Proven Nutritional Program to Prevent,
Cure, or Alleviate Irritable Bowel Syndrome (IBS), Ulcers, Gas, ... Heartburn, and Many Other
Digestive Disorders Indigestion: Living Better with Upper Intestinal Problems from Heartburn to
Ulcers and Gallstones Doctor's Guide to Gastrointestinal Health Preventing and Treating Acid
Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis,
Hernias and more by Miskovitz M.D., Paul, Betancourt, Marian [Wiley,2005] [Paperback] The
Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable
Bowel Syndrome, Diverticulitis, Celiac Disease, Colon ... Pancreatitis, Cirrhosis, Hernias and more
Ulcers and Acid Reflux: From the Patient's Perspective Dr. M's Seven-X Plan for Digestive Health:
Acid Reflux, Ulcers, Hiatal Hernia, Probiotics, Leaky Gut, Gluten-free Gastroparesis, Constipation,
Colitis, ... & more (Digestive Wellness Book 1) Ulcer Free: A complete guide to ulcers including
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